

Physical Education – 2nd Term

29 April, 2016

Dear Parents & Guardians,

This term we have the beginning of the **Inter School Sports Winter competition** for the 5/6 children. It begins this week and runs for 8 weeks. The sports this term are Australian Rules, Soccer, Netball, Newcombe Catch and Kung Fu. The games run from 1.30pm to 2.45pm and follow a home and away schedule. The kids are really excited and the 5/6 team have organised even more choices than in previous years!

The **5/6 kids** this term have been focusing on their individual skills in each sport with their respective coaches. Also the last two terms Keith Howden a professional coach has been working with the kids. We are expecting dramatic improvement in there skills.

The focus for **grade 1-4** has been building the children's ball skills with small-sided games. We have talked about moving into space and positioning strategically. We have also been warming up with games to do with balance and control and hand-eye coordination.

The **preps** are now settled into school and are beginning to show more confidence and resilience in lessons. We have been focusing on cooperative games that are non-threatening and looking to improve bodily balance and control. The preps have just been introduced to ball skills and are very enthusiastic and excited in lessons.

Please note the **Cross Country trials** for under-10s to under-12s will begin in 2 weeks. The children will be competing for one of 8 spots, with distances from 2000m to 3000m. More information will be provided closer to the trials. Any parents wanting to help with coaching or umpiring are most welcome. Please contact me at Collins.d.leigh@edumail.vic.gov.au

Thank you,
Leigh Collins

Physical Education Coordinator